

'Coaching with nature' – Course overview 2018

Information for students



Docent

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Location office

Realeyezation
Duiveland 13, 2716 BL Zoetermeer
open: ma t/m vrij 10.00-22.00 uur

General information

Basic course "Coaching with Nature"

This course is inspired by my training regarding Applied Eco-psychology as a Student and Co-Trainer. With my love and respect for Nature in conjunction with my work as Master Counseling and Coaching, with specialization; Nature Counseling and Coaching. I have also worked as a trainer for Vocational Academy for Counseling and Coaching during which I wrote this course as support and inspiration for Nature Coaches. This is specifically for personal and professional growth. The course explains coaching with examples, assignments, knowledge, exercises and activities that are carried out in the Nature. Modules and sections are accompanied with regular evaluations and feedback during the course.

During 6 months we will work with 6 modules, the modules will be send to you.

Content and goals

Content

Module 1: What is the difference between Coaching **in** nature and Coaching **with** Nature?

Module 2: How do you work as a Nature coach? What appeals to you most?

Module 3: Which senses do we actually know and can be tuned, once we are in nature? How strong and what is intuition?

Module 4: Which senses affect our behavior? What we can change it yourself?

Module 5: How would you go about specifying your target groups?

Module 6: Here we cover practical information on natural marketing, networking, health insurers, and private practice.

Goals

After the course you know how to involved nature, symbolics and methaphores to use during coachings sessions and in your personal life.

You also can choose for a private course online, where you will receive personal guidance during the course. And in your own ritme and time.

Course material

Hands-out modules and Natural materials

Schedule

Life course

Subject	Study hours	Practice hours	Date	Time	Location
Module 1	4-6 hours a week	16-24 hours a week	11-feb-18	10.00-14.00	Westerpark
Module 2	4-6 hours a week	16-24 hours a week	11-mrt-18	10.00-14.00	Westerpark
Module 3	4-6 hours a week	16-24 hours a week	8-apr-18	10.00-14.00	Westerpark
Module 4	4-6 hours a week	16-24 hours a week	13-mei-18	10.00-14.00	Westerpark
Module 5	4-6 hours a week	16-24 hours a week	10-jun-18	10.00-14.00	Westerpark
Module 6	4-6 hours a week	16-24 hours a week	1-jul-18	10.00-14.00	Westerpark

Online

Subject	Study hours	Practice hours	Date	Time	Time & Date email submission times
Module 1	4-6 hours a week	16-24 hours a week	11-feb-18	10.00-14.00	28-2/12.00 am
Module 2	4-6 hours a week	16-24 hours a week	11-mrt-18	10.00-14.00	31-03/12.00 am
Module 3	4-6 hours a week	16-24 hours a week	8-apr-18	10.00-14.00	30-04/12.00 am
Module 4	4-6 hours a week	16-24 hours a week	13-mei-18	10.00-14.00	31-05/12.00 am
Module 5	4-6 hours a week	16-24 hours a week	10-jun-18	10.00-14.00	30-06/12.00 am
Module 6	4-6 hours a week	16-24 hours a week	1-jul-18	10.00-14.00	22-07/12.00 am

Meetings schedule

Dates	Time	Location	Address
11-feb-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer
11-mrt-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer
8-apr-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer
13-mei-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer
10-jun-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer
1-jul-18	10.00-14.00	Westerpark	Duiveland 13, Zoetermeer

You can choose to which meetings you like to come.

Meetings are not mandatory.

Important: Make a reservation for the dates of your choice at least 2 weeks ahead.

Examendate: 29th of July 2018 10.00-13.00 at

Realeyezation, Duiveland 13, 2716 BL Zoetermeer.

Take your own candidate/client with for 1 hour free coaching in nature.

Individual:

Planning together with Ernya: dates, times and length of the course.

Prices:

€ 480 a person including modules 1-6 and meetings.

(incl. 21% VAT for personal – excl. 21% VAT for Business)

Taxfree for other countries than the Netherlands.