

'Coaching with nature' – Course overview

2017-2018

Information for students

Docent

Ernya Hilton-de Kooter

E-mailadres

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Location office

Realeyezation
Duiveland 13, 2716 BL Zoetermeer
open: ma t/m vrij 10.00-22.00 uur

General information

Basic course "Coaching with Nature"

This course is inspired by my training regarding Applied Eco-psychology as a Student and Co-Trainer. With my love and respect for Nature in conjunction with my work as Master Counseling and Coaching, with specialization; Nature Counseling and Coaching. I have also worked as a trainer for Vocational Academy for Counseling and Coaching during which I wrote this course as support and inspiration for Nature Coaches. This is specifically for personal and professional growth. The course explains coaching with examples, assignments, knowledge, exercises and activities that are carried out in the Nature. Modules and sections are accompanied with regular evaluations and feedback during the course.

During 6 months we will work with 6 modules, the modules will be send to you (On-line course).

Content and goals

Content

Module 1: What is the difference between Coaching **in** nature and Coaching **with** Nature?

Module 2: How do you work as a Nature coach? What appeals to you most?

Module 3: Which senses do we actually know and can be tuned, once we are in nature? How strong and what is intuition?

Module 4: Which senses affect our behavior? What we can change it yourself?

Module 5: How would you go about specifying your target groups?

Module 6: Here we cover practical information on natural marketing, networking, health insurers, and private practice.

Goals

After the course you know how to involved nature, symbolics and methaphores to use during coachings sessions and in your personal life.

You also can choose for a private course online, where you will receive personal guidance during the course. And in your own ritme and time.

Course material

- Hands-out modules

- Nature materials

Schedules

Life

Month	Subject	Study hours	Practice hours	Start	Time	Location
1	Module 1	4-6 hours a week	16-24 hours a week	02-07-17	10,00-14,00	Realeyezation
2	Module 2	4-6 hours a week	16-24 hours a week	06-08-17	10,00-14,00	Realeyezation
3	Module 3	4-6 hours a week	16-24 hours a week	03-09-17	10,00-14,00	Realeyezation
4	Module 4	4-6 hours a week	16-24 hours a week	01-10-17	10,00-14,00	Realeyezation
5	Module 5	4-6 hours a week	16-24 hours a week	05-11-17	10,00-14,00	Realeyezation
6	Module 6	4-6 hours a week	16-24 hours a week	03-12-17	10,00-14,00	Realeyezation

Online

Month	Subject	Study hours	Practice hours	Start	Time & Date email submission times
1	Module 1	4-6 hours a week	16-24 hours a week	02-07-2017	30-07/12.00 am
2	Module 2	4-6 hours a week	16-24 hours a week	06-08-2017	30-08/12.00 am
3	Module 3	4-6 hours a week	16-24 hours a week	03-09-2017	30-09/12.00 am
4	Module 4	4-6 hours a week	16-24 hours a week	01-10-2017	30-10/12.00 am
5	Module 5	4-6 hours a week	16-24 hours a week	05-11-2017	30-11/12.00 am
6	Module 6	4-6 hours a week	16-24 hours a week	03-12-2017	30-12/12.00 am

Meetings schedule

Dates	Time	Location	Address
02-07-2017	10.00 - 14.00	Realeyezation	Duiveland 13, Zoetermeer
06-08-2017	10.00 - 14.00	Westerpark	Duiveland 13, Zoetermeer
03-09-2017	10.00 – 14.00	Westerpark	Duiveland 13, Zoetermeer
01-10-2017	10.00 – 14.00	Westerpark	Duiveland 13, Zoetermeer
05-11-2017	10.00 – 14.00	Westerpark	Duiveland 13, Zoetermeer
03-12-2017	10.00 – 14.00	Realeyezation	Duiveland 13, Zoetermeer

Exam date: January 21th 2018 10.00-13.00 at Realeyezation, Duiveland 13, 2716 BL Zoetermeer.

Prices

€ 480 a person including modules 1 – 6 and meetings.
 You can choose to which meetings you like to come.
 (Incl 21% VAT for personal - Excl. 21% VAT for business)